

M: Course Objectives / Learning Outcomes:

1. To increase self-awareness of personal skills, aptitudes, abilities, interests and values.
2. To explore occupational and career alternatives.
3. To identify intrinsic and extrinsic employment and educational barriers and develop coping strategies.
- 4.

R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR

N/A

Course Designer(s)
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Education Council / Curriculum Committee Representative

Dean / Director

Registrar