

EFFECTIVE: SEPTEMBER, 2007 CURRICULUM GUIDELINES

September, 2007 Division: **Education** Effective Date:

Faculty of Child, Family and Community Studies B. Department /

Program Area:

Commen

September 27, 2006

t Revision: August, 2007

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M: Course Objectives / Learning Outcomes

Upon successful completion of this course, the student will be able to:

- 1. Understand professional behaviour
 - Demonstrate knowledge of professional ethics and values.
 - Describe the importance of self-awareness and self-care in working with persons who have co-occurring disorders.
 - Identify skill strengths and limitations.
- 2. Demonstrate counselling/interviewing skills.
 - Demonstrate basic counselling and interviewing skills (active listening skills: attending, summarizing, paraphrasing, silence, asking questions, empathy).
 - Demonstrate ability to form purposeful counselling relationships
 - core conditions of warmth, empathy, and genuiness
 - negotiating counselling contracts.
 - Demonstrate ability to problem solve relationship difficulties
 - immediacy skills
 - strategies for conflict resolution.
 - Demonstrate ability to selectively utilize skills based on purpose, client need, and phase of counselling.

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