



Course Information



college

Date: 12 November 1998 A: Division Applied Programs Department: Child, Family and Community Studies

Child and Youth Care Counsellor New Course: Program: Revision of Course Information Form:

D: Counselling Children and Youth

C: CYCC-220

Unit No: Prerequisite: Credit: Status: Subject: Co-req:

Calendar Description	Summary of Revisions
<p>This course is designed to introduce students to the basic theory and practice of counselling. The use of active listening skills and the development of accurate empathy are emphasized. From the perspective of the practice of Child and Youth Care, students will learn ways of helping and supporting children and youth to explore their issues and to cope with related feelings.</p>	<p>(Enter date & section) Ed. Sessler, C.E.F.</p>

Students
in micrographic form

Books and materials to be purchased by the
Library

Shelton and Grooms
(1992)

Shelton, Lawrence, The Skills of Helping Individuals, Families and Groups

Core Concepts: *global ideas that guide the design and delivery of the course*

Maj
the co

The development of a working relationship is central to the effective

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counselling to children and youth

Respect, genuineness and mutuality are core elements in the counselling process.

the element
the counsellor

Children and youth with high self-esteem are more likely to

3. Counselling

