

M: Course Objectives / Learning Outcomes:

Upon successful completion of this course, students will be able to:

1. Discuss the interrelationship of physical, social, cognitive, emotional and spiritual dimensions of health.
2. Display an understanding of how lifestyle choices and behaviours contribute to the dimensions of health.
3. Display an understanding of the complexity of the change process in relation to health promotion.
4. Display an understanding of the roles and responsibilities of HCAs within the health care system in British Columbia.
5. Contribute to the effective functioning of the healthcare team.
- 6.

Workplace Settings and Contexts

Introduction to the Health Care System in British Columbia and Canada

Long Term Care Assessment (how it is done and outcomes).

Models of care creating community, actualizing person-centred care.

Assisted Living goals, philosophy, approaches how these might also be applied in other contexts.

Working in facilities challenges and opportunities.

Working in Community-based settings challenges and opportunities.

Agency/ facility/ employer standards; policies and procedures purpose and function.

Standards of care.

Importance of maintaining client/resident/family confidentiality.

Reporting and recording when, what, how.

Legal implications of the written word.

Organizing within the work environment: managing time effectively.

Use of workplace technology (computers).

Team work in Healthcare Settings

The healthcare team in facilities and in the community; roles and responsibilities

Legal limitations and obligations of HCAs.

Supervision and delegation of tasks.

Lines of communication.

Basic concepts of team development and group processes.

Benefits & challenges of working in a team.

Facilitating effective team functioning principles of collaboration.

Legal and Ethical Issues

Human rights: World Health Organization; basic human rights in Canada

Rights of people receiving healthcare services.

Rights of care-givers; employment standards.

Relevant contractual obligations that guide HCA practice.

Ethical and legal parameters of HCA (HCSW, CHW/Home Support Worker and RCA) roles.

Ethical standards and decision-

Abuse recognizing and reporting.

Occupational health and safety.

Professional Approaches to Practice

Responsible and Accountable behaviour.

Unions membership, rights, and responsibilities.

Professional relationships with clients/ residents, families and other members of the health team:

- roles and professional boundaries
- principles of professional self-disclosure

Accountability and ethical behaviour in working relationships.

Aspects of confidentiality in shared information.

Self-reflective Practice

Reflective practice what it is, why it is important, how to become a reflective care provider.

Personal competence as a component of caring.

Impact of personal values, beliefs and principles on practice.

Self-assessment and self-development.

Challenges and rewards of specific work environments.

Selecting a work environment that fits own strengths, values, preferences and lifestyle.

The importance of lifelong learning.

The function of motivation and commitment in on-going learning and personal development.

Employability Skills

Preparing a resume and letter of application.

Completing a job application form.

Effectively handling the job interview.

Employer expectations.

O: Methods of Instruction:

Lecture
Group discussion/group activities
Audio-visual materials
Case studies
May include other methods (e.g. guest speakers, role play, etc.)

P: Textbooks and Materials to be Purchased by Students:

A list of recommended textbooks and materials is provided to students at the beginning of the semester.

Q: Means of Assessment: