

## **EFFECTIVE: SEPTEMBER 2010** CURRICULUM GUIDELINES

А.	Division:	Education	Effective Date:	September 2010
B.	Department / Program Area:	Health Sciences/ Health Care Support Worker	Revision	New Course

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HCSW 1105: Applied Practice Experiences 1

Assisting with transferring and moving a person in a hospital bed and a regular bed.

Transferring a person to a stretcher.

Moving a person to the side of a bed and assisting him/her to sit.

Transferring a person from bed to chair or wheelchair and back.

Transferring a person from a wheelchair to a bath chair or toilet.

Using mechanical lifts including ceiling lifts.

Assisting the individual to use a walker safely.

## Bedmaking

Making closed, open, and occupied beds.

Promoting exercise and activity

Bed rest.

Assisting with ambulation.

Assisting with walking devices especially safe use of walkers with resting seat.

Assisting with wheelchairs.

Dealing with falls.

Promoting healthy nutrition and fluid intake

Preparing simple, nutritionally sound meals (in the home).

Practicing safe food handling and storage.

Using food preparation equipment.

Serving meals in ways that encourage normalizing interactions.

Methods of Instruction:

**O**:

Lecture Practice Group discussion/group activities Audio-visual materials Case studies/simulation Clinical experiences

**P:** Textbooks and Materials to be Purchased by Students:

A list of recommended textbooks and materials is provided to students at the beginning of the semester.

**Q:** Means of Assessment:

Course evaluation is consistent with Douglas College course evaluation policy. An evaluation schedule is presented at the beginning of the course.

This is a <u>MASTERY</u> course. Students will receive a detailed outline of performance expectations at the beginning of the course.

**R:** Prior Learning Assessment and Recognition: specify whether course is open13(r)9s a