



EFFECTIVE: MAY, 2007
CURRICULUM GUIDELINES

A. Division: **Educational** Effective Date: **May 2007**

B. Department / Program Area: **Health Care Support Worker** Revision **X** New Course

M: Course Objectives / Learning Outcomes

This course is based on the competencies as outlined in the Provincial Curriculum Guide for Home Support and Resident Care Attendant Programs, 1992.

In this course, students will have opportunities to:

1. Expand their understanding of the principles and rationale underlying care-giving and personal assistance skills in residential care facilities and the community.
2. Demonstrate the ability to independently perform care-giving skills in an organized manner, ensuring resident/client safety and comfort specifically in home and community settings.
3. Demonstrate an increasing independence in problem-solving process in the provision of care.
4. Demonstrate responsible and accountable behaviour in the classroom, practice lab., clinical, and home settings.

N: Course Content:

Throughout this course, students will apply the concepts related to assisting with personal care skills with a holistic and caring approach. Also, students will become more independent in their problem solving skills.

1. Principles and rationale for personal care
 - caring
 - needs based care
 - family, and diversity
 - promotion of independence
2. Safe practice in relation to care-giving based upon the following principles:
 - body mechanics
 - medical asepsis
 - safety
 - dignity, respect and comfort
 - responsibility and accountability
3. Problem-solving
 - need based care
 - organization of care
 - reporting, recording actions and results of care
 - evaluation of care

Course Content Continued

7. Principles and practices of meal planning, preparation and service in the home
 - Meal planning
 - Economic considerations
 - Care and operation of appliances
 - Preparation of infant formulas from written instructions
 - Serving food supplements
 - Safe techniques for assistance with eating

8. Care of the dying person
 - Skin and mouth care
 - Positioning
 - Care of the body and environment after death
 - Emotional care
 - Cross-cultural issues

O: Methods of Instruction

1. Self-study
2. Lecture/discussion/demonstrations
3. Laboratory practice – supervised and unsupervised
4. Practical experiences in a variety of residential facilities, assisted living facilities and clients' homes
5. Audio-visual materials and computer resources

P: Textbooks and Materials to be Purchased by Students

1. Peer evaluations
2. Gloves
3. Health Care Support Worker Evaluation Record
4. A list of additional materials will be provided for students at the beginning of the semester.

Q: Means of Assessment

Students are evaluated in both the laboratory and practical components of this course. Course evaluation is consistent with Douglas College course evaluation policy. An evaluation schedule is presented at the beginning of the course.

This is a MASTERY course.

Students will receive a detailed outline of the performance expectation at the beginning of the course.

Evaluation of skill mastery in lab. practice will include:

1. A demonstrated ability to carry out the skill safely and knowledgeably.
2. An ability to answer questions related to the rationale for actions within skills, either verbally or by pencil/paper quiz.

Evaluation of mastery in the clinical setting will include:

1. Completion of a written assignment related to course learning outcomes.
2. The demonstration of required psychomotor skills.
3. Student participation in the evaluation of their own clinical performance.
4. Satisfactory performance, as assessed by the clinical instructor.

