



**EFFECTIVE: SEPTEMBER 2006**  
**CURRICULUM GUIDELINES**

A. Division: Instructional

Effective Date:

September 2006

B. Department / Health Care Support Wo  
Program Area:

(per week / semester  
for each descriptor)

**30 hours per semester**

Number of Weeks: **6**

**K:** Ma

**M:** Course Objectives / Learning Outcomes

- Understand the mission statements, philosophies, values, and beliefs of various agencies
- Demonstrate an understanding of the concepts and principles of recovery within the Psychosocial Rehabilitation (PSR) model
- Understand the principles and domains of PSR
- Understand Maslow's hierarchy of needs
- Understand the principles of advocacy in promoting mental health
- Understand the role of the CMHW in goal planning and implementation with individuals with mental health issues

**N:** Course Content:

- Mission statements, philosophies, and values: Understanding the meaning, interpretation, purpose, and application
- Recovery: Philosophy, mission, and core values of PSR
- Principles and four domains of PSR: Personal, education, work, and leisure
- Role of the CMHW in prioritizing the needs of individuals with mental health issues
- Advocacy: Concepts, roles, and responsibilities of CMHW's
- Goal setting and planning: Identification of problem/need, rationale for setting goals, long-term and short-term goals, and setting a plan of action

**O:** Methods of Instruction

- Praxis Seminars
- Lecture: Overhead and PowerPoint
- Case studies/Role-Plays
- Small and large group activities
- Review questions
- Internet and video

**P:** Textbooks and Materials to be Purchased by Students

A list of recommended materials is provided to students at the beginning of the semester.