



EFFECTIVE: SEPTEMBER 2004

CURRICULUM GUIDELINES

A. Division: **Instructional**

B. Department /
Program Area: **Health Sciences**

Effective Date: **September 2004**

Revision

☒ X

New Course

If Revision, Section(s)

☐ **C, H, I, J**

Revised:

Date of Previous Revision:

June 18, 2001

Date of Current Revision:

June 2004

C: **NURS 2110**

M: Course Objectives / Learning Outcomes

This course is intended to foster the students' understanding of clients' personal meaning of varying episodic health challenges. Students have opportunities to:

- explore nurses' work in relation to clients' experiences with health and healing
- utilize theoretical knowledge within a caring context
- further develop nursing practice skills including critical thinking, decision-making, organizational, interpersonal and psychomotor skills

N: Course Content:

This course consists of a seminar component and a laboratory component. In the seminar component, clients' experiences with episodic health challenges and the nurses' role in promoting health and healing is the focus of discussion. An outline of concepts and essential content is presented below. Concepts are addressed in relation to four foundational concepts (ways of knowing, personal meaning, time/transitions, and culture/context) integrating the metaconcepts, health promotion and caring. Content related to the foundational concepts varies depending on the interests, choices and experiences of course participants. Course concepts are addressed through learning activities that are intended to assist students in integrating nursing practice skills.

Healing

restorative, physical, psychological and spiritual – following surgery, accident, childbirth,
 psychological trauma
 relief
 freedom
 culture
 resilience/hardiness

Anxiety/Fear

related to the unknown, hospitalization, separation, disfigurement and death

Acute Pain

physical, psychological and spiritual
 pre and post-operative
 labour and postpartum
 ischemic

Transition/Change

inflammation (injury, arthritis)
 obstruction (renal, biliary, bowel, respiratory, vascular)
 degeneration (muscular-skeletal)
 balance/imbalance (fluid and electrolyte, hormonal)
 perinatal
 neonatal

Unpredictability

ambiguity, unfamiliarity, instability, unknown technology
 complications of illness, surgery and childbearing
 unpredictable behaviour (aggression)

Control

empowerment
 altered mobility
 loss of reality, consciousness

Vulnerability

invasion (acute infection, allergy, invasive procedures)

Trust

Energy/Fatigue

Technology

the impact on caring

O: Methods of Instruction

Using an interactive format for simulations, paradigm cases, and other learning experiences participants gain an experiential knowledge of the course concepts in reference to episodic health challenges. Students integrate knowledge from clients' (individual and family) lived experiences, nursing theory, nurses' role,