

## **EFFECTIVE: SEPTEMBER 2006 CURRICULUM GUIDELINES**

	vivision:	Instruction		Effective Date:	Septem	ber 1, 2006	
	epartment / rogram Area:	Psychiatric Nurs Diploma/Degree	U	Revision	New C	ourse	X
				If Revision, Section(s) Revised:			
				Date of Previous Revision Date of Current Revision			
C:	PNUR 4521	<b>D</b> :	Therapeutic Relation	ons V	<b>E:</b>	1.5	
Sub	viect & Course	No.	Descriptive Title		Semester Credits		

**F:** Calendar Description:

This course will continue to build on the application of therapeutic communication within the context of the nurse-client relationship as introduced in Semester IV. The student will continue to develop the communication skills and focus on application of skills with clients with complex health challenges. Students will be introduced to the skills of negotiation and motivational strategic interviewing. Students will further develop assertive communication skills within the context of therapeutic communication with clients and effective communication with colleagues. Therapeutic communication issues related to cultural competence will continue to be developed. Students will be introduced to therapeutic communication skills as relates to family and group. Professional documentation will continue to be developed.

G: Allo

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Degree: PNUR 4503, PNUR 4573, PNUR 4575, PNUR 4511, PNUR 4561

J: Course for which this Course is a Prerequisite

PNUR 4601, PNUR 4644

M:	Course Ob	Course Objectives / Learning Outcomes						
	In this course students will use the Douglas College Department of Psychiatric Nursing Curricular Threads (wellness-illness continuum, professional values, professional caring & health care delivery system), and in the context of the environmental, health and psychiatric nursing domains, will develop strong productive group/team skills and awareness. They will know how to develop, manage and evaluate teamwork and collegial relationships.							
N:	Course Content:							
	rse, within the context of the Douglas College Department of Psychiatric Nursing's philosophy and I framework, students will focus on developing the psychiatric nursing role as a team member. Incepts that will be addressed are: Organizing strong, productive groups motivational interviewing commitment to planning							
		forming a new group						
	2.	Team Building						
		group building activities						
		intergroup collaboration						
	3.	Managing and developing strong groups						
		getting started with a new group						
		setting clear, challenging and attainable goals						
		encouraging teamwork and sharing of leadership						
		facilitating members awareness of their personal contributions to group success						
	4	organizational structures needed to support strong teams						
	4.	Making meetings effective conflict resolution						
		negotiation						
		mediation						
		techniques to improve meetings and help difficult discussions						
		observer reports and process evaluations						
	5.	<ul> <li>Therapeutic communication will be enhanced through:</li> <li>understanding and demonstrating the phases of the nurse-client relationship</li> <li>understanding and demonstration of therapeutic communication with client as individual,</li> <li>family and group</li> <li>understanding and demonstration of assertive and responsible communication</li> <li>understanding and demonstration of effective communication with colleagues; requesting and</li> <li>receiving colleague support.</li> <li>demonstration of understanding of theory and concepts through simulated clinical examples.</li> <li>understanding of cultural competence and the issues of professional documentation and sharing</li> <li>of client information for the client as individual and family.</li> </ul>						
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0:	Methods of Instruction							
	Student learning is facilitated through a variety of teaching/learning methods including lecture, audio-visual aids, group discussion, group and/or individual research and presentations and exp as a group member with the intent of strengthening group skills and team building.							
P:		Textbooks and Materials to be Purchased by Students						
	A list of required and optional textbooks and materials is provided for students at the beginning of each semester.							

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