

Revision of Course

information form: _____

DATED: _____

C: PSYCHOLOGY 304

D: HEALTH PSYCHOLOGY

E:

F:

Revision:
& section)

F: Calendar Description:

Summary of
(Enter date

This course provides a critical survey of the basic research findings and theory on the relation between

behaviours such as smoking and drug use, the affect of

the family, and social support systems.

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Cours Per Week/

H: Course Prerequisites:

G: Type of Instruction:

200-200

HEALTH PSYCHOLOGY

Psychology 304

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0. Course Objectives cont.

16. Identify stress-related diseases and health behavioral risks.
17. Define coping.
18. Identify methods of coping.

This course will employ a number of instructional methods to accomplish its objectives and will include:

presentations

- lectures
- laser video presentation

small group discussions

- classroom exercises
- computer simulation exercises

R Course Evaluation

Evaluation will be carried out in accordance with Douglas Co... exams, quizzes, literature review papers, research proposals/projects, critical

The specific evaluation criteria will be provided by the instructor at the beginning of the semester.

An example of one evaluation scheme:

3 midterm exams (worth 15% each)	45%
Literature review paper	
Personal health project	30%
Final exam	25%
	100%