



EFFECTIVE: SEPTEMBER 2007
CURRICULUM GUIDELINES

A. Division: **Education**

Effective Date: **September 2007**

Revised: _____
Date of Previous Revision: _____

- 4.9. Transferring responsibility from teacher/coach to student
- 4.10. Individualization
- 4.11. Group goal setting and planning
- 4.12. Pacing
- 4.13. Learning and performance differences
- 5. Specific applications
 - 5.1. Invasive sports
 - 5.1.1. Field
 - 5.1.2. Court
 - 5.1.3. Arena
 - 5.2. Non invasive sports
 - 5.2.1. Divided court games
 - 5.2.2. Interactive court games
 - 5.2.3. Striking games
 - 5.3. Target events
 - 5.4. Racing events
 - 5.5. Artistic events
 - 5.6. Combative sports
 - 5.7. Fitness activities
- 6. Application of mental skills
 - 6.1. Focus
 - 6.2. Goal setting
 - 6.3. Performance states
 - 6.4. Breathing and relaxation
 - 6.5. Attentional styles
- 7. Inclusion factors
 - 7.1. Integration of students with varying abilities
 - 7.2. Adaptations
 - 7.3. Modifications
- 8. Planning
 - 8.1. Activities
 - 8.2. Warm-ups activ

- b. Ethical behaviour and social responsibility
Creating an environment where everyone can be a winner
- c. Intercultural, International and Global Perspective
Use sample sports used in other cultures or that reflect Canada's changing mosaic

O: Methods of Instruction

Lecture
Discussion groups
Practical application
Field observation and/or video observation
Self-study via print or online materials
Reading assignments
Online discussion groups
Experiential Learning

P: Textbooks and Materials to be Purchased by Students

Will be decided by course instructors. Potential resources include:

Lauder, A.G. (2001) Play Practice

