



## **EFFECTIVE: SEPTEMBER 2007**

### **CURRICULUM GUIDELINES**

**A.** Division: **Education**

Effective Date: **September 2007**

**B.** Department /  
Program Area: **Science and Technology**  
**Sport Science**

Revision

New Course

If Revision, Section(s)  
Revi





## c. Critical and Creative Thinking:

Students will discuss real world problems and scenarios and identify relevant solutions based on the context.

A process for critical and creative thinking will be outlined throughout the course and students will be expected to use the process for group discussions and assignments

## d. Teamwork:

Students will work in pairs and small groups during class discussions and to design and carry out an implementation program

Academic Signature:

## a. Applied Skills (field, laboratory practicum):

Students will engage in field observations and teaching labs

## b. Ethical behaviour and social responsibility:

Students will outline clear expectations and goals for group work as well as boundaries and ethics around in class student disclosures

Students will be versed on college policy and expected to uphold at all times

## c. Intercultural, International and Global Perspective:

Issues related to intercultural perspective in sport and exercise psychology will be woven into all course material

**O:** Methods of Instruction

Lecture

Discussion groups

Practical application

Field observation and/or video observation

Self-study via print or online materials

Reading assignments

Online discussion groups

Instructor tutoring

**P:** Textbooks and Materials to be Purchased by Students

Will be decided by course instructors. Potential resources could include:

Horn, T. S. (2002) (Ed.). Advances in Sport Psychology 2<sup>nd</sup> Edition. Human Kinetics Publishers, Champaign, Illinois, USA.

Anshel, M. H. (2003). Sport Psychology: From Theory to Practice 4<sup>th</sup> Edition. CA: Benjamin Cummings Publishers, San Francisco, Cal. USA.

Weinberg, R. S. and Gould, D. (2003). Foundations of Sport and Exercise Psychology 3<sup>rd</sup> Edition. Human Kinetics Publishers, Champaign, IL, USA.

Anderson, M. B. (2005). Sport Psychology in Practice. Human Kinetics Publishers, Champaign, IL. USA

Williams, J. E. (2006). Applied Sport Psychology: Personal growth to peak performance 5<sup>th</sup> Edition. McGraw-Hill., New York, NY, USA

Course Pack with readings from journal articles, and relevant book chapters.

2. A developmental approach to evaluation that is sequenced and progressive.
3. Evaluation is used as a teaching tool for both students and instructors.
4. Commitment to student participation in evaluation through such processes as self and peer evaluation, and program/ instructor evaluation.

The following is presented as an example assessment format for this course:

Field Observation	10%
Mini Teaching Labs	20%
Intervention Paper	30%
Quizzes	30%
Preparation & participation	<u>10%</u>
Total	100%

**R:** Prior Learning Assessment and Recognition: specify whether course is open for PLAR

Not at this time

Course Designer(s): Laura Farres, Tim Frick