



# EFFECTIVE: SEPTEMBER 2005 CURRICULUM GUIDELINES

**A.** Division: **Academic** Effective Date: **September 2005**

**B.** Department / Program Area: Science and Technology / Sport Science  
 Revision  New Course

If Revision, Section(s) Revised:  
 Date of Previous

Physical **E: 3**

Education

Subject & Course No.	Descriptive Title	Semester Credits						
<p><b>F:</b> Calendar Description:            In this innovative and practical course students will participate in, plan, and implement a variety of alternative environment land and aquatic based activities appropriate to elementary school children. Content areas include: risk management issues, organizational factors, orienteering, aquatic activities, and classroom-based activities.</p>								
<p><b>G:</b> / Learning Settings</p> <p>Primary Methods of Instructional Delivery and/or Learning Settings:</p> <p>Classroom            Practical/Lab</p> <p>Number of Contact Hours: (per week / semester for each descriptor)</p> <p><b>Classroom: 12 hours</b>  <b>Practical/Lab: 18 hours</b></p> <p>Number of Weeks per Semester:  <b>2</b></p>	<p><b>H:</b> Course Prerequisites:</p>							
		<p><b>K:</b> Maximum Class Size:  <b>30</b></p>						
<p><b>L:</b> PLEASE INDICATE:</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 5%; border: 1px solid black; text-align: center;"><input type="checkbox"/></td> <td>Non-Credit</td> </tr> <tr> <td style="border: 1px solid black; text-align: center;"><input checked="" type="checkbox"/></td> <td>College Credit Non-Transfer</td> </tr> <tr> <td colspan="2">College Credit Transfer:</td> </tr> </table>			<input type="checkbox"/>	Non-Credit	<input checked="" type="checkbox"/>	College Credit Non-Transfer	College Credit Transfer:	
<input type="checkbox"/>	Non-Credit							
<input checked="" type="checkbox"/>	College Credit Non-Transfer							
College Credit Transfer:								

**M:** Course Objectives / Learning Outcomes

Upon completion of this course students will be able to:

1. Design an outdoor activity lesson including the following components:
  - 1.1. risk management and safety considerations
  - 1.2. learning outcomes
  - 1.3. equipment needs
  - 1.4. planned activities
  - 1.5. assessment and evaluation considerations.
2. Analyze an outdoor or alternative environment plan with regard to:
  - 2.1. risk management and safety considerations
  - 2.2. learning outcomes
  - 2.3. equipment needs
  - 2.4. planned activities
  - 2.5. assessment and evaluation options.
3. Demonstrate satisfactory supervisory skills during outdoor and alternative environment activities
4. Identify a number of relevant outdoor and alternative environment locations and organizational resources available for the relevant age group of teacher's students.

**N:** Course Content:

Applied knowledge and skills of course:

1. Outdoor and alternative environment settings
  - 1.1. aquatic settings
  - 1.2. land-based Settings
    - 1.2.1. natural
    - 1.2.2. park
    - 1.2.3. 1.2.3. 1.2.3.



- 4.1.7. rollerblading
- 4.1.8. cycling
- 4.1.9. snowshoeing
- 4.1.10. skiing
- 4.1.11. horseback riding

4.2. Water-based

- 4.2.1. canoeing
- 4.2.2. rowing
- 4.2.3. kayaking
- 4.2.4. sailing
- 4.2.5. windsurfing
- 4.2.6. waterskiing
- 4.2.7.

**R:** Prior Learning Assessment and Recognition: specify whether course is open for PLAR

Yes

Brian Storey

Course Designer(s)

Education Council / Curriculum Committee Representative

Dean / Director

Registrar